



**Foundations – Inward Transformation**

**Kelley Boyce – May 10, 2026**

**Key Scripture – Colossians 2:6-7** "So then, just as you received Christ Jesus as Lord, continue to live your lives in him, rooted and built up in him, strengthened in the faith as you were taught, and overflowing with thankfulness."

**1. You must \_\_\_\_\_ to follow him.**

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**2. Let your \_\_\_\_\_ grow down into him.**

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**3. Let your \_\_\_\_\_ be built on him.**

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**4. Then your \_\_\_\_\_ will grow strong in the \_\_\_\_\_ you were taught.**

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 <p>GIVING EVENTS NEW GUEST</p>	<b>NEW GUESTS:</b> We want to know you! Fill out a Connection Card and bring it to the Connection Point under the sails for a gift!
	<b>KIDS   NURSERY - 5th GRADE:</b> Engaging church for all ages! Check your kids in at the Children's Center.
	<b>MIDDLE SCHOOL:</b> 6th-8th grade church in the Under Current during our 9am & 10:30am services.
	<b>FAMILY ROOM:</b> Families with small children & nursing mom can watch the service from the Family Room in the Children's Center.
<a href="mailto:info@coastcitychurch.com">info@coastcitychurch.com</a>   760-439-1971   @coastcityca  	

# FOUNDATIONS

## Weekly Study Guide • Inward Transformation

Set aside 15–20 minutes each day. Bring your Bible, a journal, and an open heart.

DAY	READ	PRACTICE	REFLECT
<b>MONDAY: CONTINUE</b>	<i>Mark 10:46-52</i> <i>Colossians 2:6</i>	<ul style="list-style-type: none"> <li>• Read Bartimaeus' story slowly — notice he followed Jesus <i>down the road</i></li> <li>• Pray: "Jesus, I don't want a moment with You — I want a lifetime"</li> </ul>	Where in your walk with Jesus have you settled for the encounter and stopped the following?
<b>TUESDAY: YIELD</b>	<i>Luke 22:39-44</i> <i>Luke 6:46</i>	<ul style="list-style-type: none"> <li>• Pray Jesus' words aloud: "Not my will, but Yours be done"</li> <li>• Name one area where that prayer is hardest, and hand it over</li> </ul>	Where are you calling Jesus "Lord, Lord" but not actually doing what He says?
<b>WEDNESDAY: OBEY</b>	<i>James 1:22-25</i>	<ul style="list-style-type: none"> <li>• Read the passage asking, "What am I supposed to <i>do</i>?"</li> <li>• Take one concrete step of obedience today — not tomorrow</li> </ul>	What's the gap between what you say you believe and what your life actually looks like?
<b>THURSDAY: BUILD</b>	<i>2 Peter 1:2-8</i>	<ul style="list-style-type: none"> <li>• Notice the progression: faith → goodness → knowledge → self-control → perseverance → godliness → kindness → love</li> <li>• Pick the layer that's thinnest in your life and name one practice to build it</li> </ul>	Relationships go stagnant when we stop learning, showing up, and being curious. Where has your relationship with Jesus gone stagnant?
<b>FRIDAY: ABIDE IN THE TRUTH</b>	<i>John 8:31-32</i>	<ul style="list-style-type: none"> <li>• Underline Jesus' condition: "<i>if you remain faithful to my teachings</i>"</li> <li>• Name one teaching you've heard but haven't remained in</li> </ul>	What truth has God taught you that you need to come back to and stay in?
<b>SATURDAY: LIVE WITH THE RABBI</b>	<i>Luke 6:40</i> <i>John 13:12-15</i>	<ul style="list-style-type: none"> <li>• Walk through yesterday: where did you act like Jesus? Where didn't you?</li> <li>• Pick one way Jesus moved through the world and intentionally imitate it today</li> </ul>	If someone followed you around the way disciples followed their rabbi, would they end up looking more like Jesus?

### Memory Verse:

*"So then, just as you received Christ Jesus as Lord, continue to live your lives in him, rooted and built up in him, strengthened in the faith as you were taught, and overflowing with thankfulness." - Colossians 2:6-7*