



**Living Water Flowing Outward**

**Doug Reid – May 31, 2026**

**Key Scripture** – “Blessed is the man who trusts in the Lord, whose trust is the Lord. He is like a tree planted by water, that sends out its roots by the stream, and does not fear when heat comes, for its leaves remain green, and is not anxious in the year of drought, for it does not cease to bear fruit.” — Jeremiah 17:7-8

**1. You can't \_\_\_\_\_ what you haven't \_\_\_\_\_.**

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**2. The first mission \_\_\_\_\_ has your last \_\_\_\_\_ on it.**

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**3. Your everyday \_\_\_\_\_ is where God desires to \_\_\_\_\_.**

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**4. Rest and \_\_\_\_\_ are both required \_\_\_\_\_.**

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**5. The goal is \_\_\_\_\_, not reservoirs.**

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**NEW GUESTS:** We want to know you! Fill out a Connection Card and bring it to the Connection Point under the sails for a gift!

**KIDS | NURSERY - 5th GRADE:** Engaging church for all ages! Check your kids in at the Children's Center.

**MIDDLE SCHOOL:** 6th-8th grade church in the Under Current during our 9am & 10:30am services.

**FAMILY ROOM:** Families with small children & nursing mom can watch the service from the Family Room in the Children's Center.

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## Weekly Study Guide • Living Water Flowing Outward

Set aside 15–20 minutes each day. Bring your Bible, a journal, and an open heart.

**Monday — Drink** Read: *John 7:37-38; John 4:13-14* - Jesus doesn't say try harder to be a blessing. He says come and drink first. The flowing out is always downstream of the drinking in — and you can't pour from an empty cup.

1. Honestly: are you trying to give what you haven't received? Where do you need to come back to the source before you try to do anything for Jesus this week?
2. What does "unhurried time with Jesus" actually look like for you — and when's the last time you had it?

**Tuesday — Home** Read: *Deuteronomy 6:6-7; 2 Timothy 1:5* - Before Moses leads a nation, God tells him to talk about His commands at the kitchen table. Timothy's faith started with his grandmother. The first mission field has your last name on it.

1. Is living water actually flowing through your home — in the everyday, ordinary moments? Or does your faith mostly live somewhere else?
2. What's one specific way you could let Christ's life show up at your own kitchen table this week?

**Wednesday — Ordinary** Read: *John 4:7-26; Colossians 4:5-6* - The Samaritan woman met Jesus at her everyday errand. The fishermen met Him at their nets. God keeps showing up inside the rhythms people already have — which means your mission field is probably not somewhere you have to fly to.

1. Name one "everyday environment" you'll be in this week. How could Christ's life flow through you there — not as a performance, but as presence?

**Thursday — Rest** Read: *Mark 6:30-32; Isaiah 40:31* - Jesus withdrew to lonely places. He napped in boats. He kept Sabbath. The river runs because the mountain holds snow in the off-season — and a disciple who never rests eventually has nothing left to give.

1. Be honest: are you running on empty right now? What would it look like to actually rest this week — not just crash, but intentionally receive?
2. Where have you confused exhaustion with faithfulness?

**Friday — Flow** Read: *John 7:38; Ezekiel 47:1-12* - A reservoir holds. A river releases. The reservoir is impressive to look at; the river makes the valley green. God planted you, walked with you, and pruned you — not so you'd become a beautiful spiritual storehouse, but so the water would keep moving.

1. Where in your life is living water flowing outward right now? Where is it pooling?
2. What would it look like this weekend to let Christ's life move through you instead of stopping in you?